



# OUR VOICE

## June, 2017

<b>MATTERS ARISING</b>	<b>ACTIONS</b>
<b>Outcomes for Our Voice (from Shararri)</b>	
<p>Service user is better able to express feelings.</p> <p>Service user has better decision making skills.</p> <p>Service user is better able to plan for the future.</p> <p>Service user has an improved sense of self-efficacy.</p> <p>Service user's views are better represented and taken account of in key decision making processes.</p> <p>Service user has a better understanding of decision making processes that affect them.</p>	

## AGENDA

### 1. OUR VOICE

It has been a while since the last Our Voice and it is hoped that everyone takes an active part in contributing to Our Voice.

The Our Voice agenda will be on the notice board in the dining room at RRRRC and it will be passed around to each group and it can also be gotten by asking your key worker or support worker to go over it with you. If you are using the agenda PLEASE return it to the notice board as the last Our Voice agenda was not returned and appeared to be misplaced so people's views were unable to be gotten.

If anyone has any views, opinions, suggestions or ideas please include them on the agenda sheet or see a member of staff who can support you to do this. Your views are very important and are essential in directing your service.

#### Our Voice



## 2. ROBERTSON ROAD 30<sup>TH</sup> ANNIVERSARY CELEBRATIONS

Please give your views on what you thought about the 30<sup>th</sup> anniversary party in the Leisure Centre on Friday 9<sup>th</sup> June. Feedback can be added on the sheet at the back.

Please give your views on what you thought about the Soundbeam session that took place at Robertson Road on Thursday June 8<sup>th</sup>. Feedback can be added on the sheet at the back.

Thank you very much to everyone who contributed to the lovely art work, raffle purchases and donations, to the working party organising the events or any other contributions that were made to the celebrations.



### 3. TABLE AND CHAIRS FOR QUADRANGLE AREA

A suggestion has been made to purchase an outside table and chairs with an umbrella for the quadrangle area now that the raised flower bed is no longer in the centre of the quadrangle. This was suggestion so that people can have the opportunity to either have refreshments or lunch outside in the nice weather or to sit shaded and enjoy the outdoor space.

What does everyone think about this? Please vote on the comments sheet at the back.



## 4. CINEMA CLUB

The Cinema Club takes place every second Wednesday at RRRC starting at 1.15 pm with refreshments being sold in the coffee bar throughout the film. Here is a list of the next films.

One Fine Day            12<sup>th</sup> July

Zootopia                26<sup>th</sup> July

Wuthering Heights    9<sup>th</sup> August

Some other films that has been suggested to be shown are Charlie and the Chocolate Factory (original version), Toy Story 3 and Beauty and the Beast (new version). If anyone has any suggestions please add them to the comment sheet at the back.

### Cinema Club



## 5. EXPRESSIVE ARTS GROUP

A service user who has participated in the Expressive Arts Group at the Fraserburgh Community and Sports Centre would like to say that she had enjoyed these sessions and has gained new ideas and has enjoyed participating in this with others.

If anyone would like to participate in the Expressive Arts which takes place on a Wednesday morning please add your name to the comments sheet at the back.



## 6. SUGGESTIONS FOR A THEATRE TRIP

A suggestion was made for a theatre trip again to see a musical such as Mamma Mia.

Would anyone be interested in this? Please add your comments to the sheet at the back.



## 7. COFFEE BAR AND LUNCH OPTIONS

The coffee bar and the kitchen at Robertson Road are part of The Hatch project within the service. Please give your comments on the sheet at the back on snacks and foods that you like to see sold at Robertson Road.

Please bear in mind that is currently our policy that people should have breakfast before they arrive at Robertson Road so boxes of cereal will not be an option. Also we are required to keep within the realms of Aberdeenshire Council Healthy Eating Policy so butteries will not be available from the coffee bar.

**Coffee Bar**



## 8. THE MESSENGER NEWSLETTER

Everyone appears to enjoy receiving The Messenger newsletter and everyone is encouraged to contribute to it. If anyone has any news, articles, achievements that they would like included in the newsletter please Gwen Lippe.

The Messenger



## 9. COFFEE BAR UP-DATES

Coffee bar personnel are requesting that people do not enter the coffee bar during busy service sessions as there could be health and safety issues arise due to this. The coffee bar personnel are very happy to assist you if you speak to them either from the hatch or the coffee bar door during these times.

If anyone is using toasters in the coffee bar can they please leave them at the settings that they found them as it has been observed that the settings are being changed.

Also please allow the designated person in the coffee bar to operate the till and if there is no coffee bar staff available please leave your money on the till.

The coffee bar will now not be open after lunch but drinks can be purchased during lunch if anyone would like refreshment along with their lunch. Also the coffee bar will now close at 10 am in the morning and this is to facilitate smooth running of groups and activities.

## 10. FUNDING FOR ADULT SWING

Robertson Road were successful in gaining funding for an adult swing from the local "Our Voice Your Choice" funding opportunities.



## 11. AFTER LUNCH EXERCISE SESSION

An after lunch exercise session is started providing people with the opportunity to have a short exercise session after lunch starting at 1 pm. There will be a rota and each day a different service user will lead this session supported by their support worker or RRRC staff.



## **12. INTRODUCTION TO SIMPLE MEAL PREPARATION**

There will be an introduction to meal preparation skills on a Wednesday morning. If anyone is interested in this please see your key worker or add your name to the sheet at the back.



## **13. PHOTOGRAPHY GROUP EXHIBITION AT CAFÉ CONNECT**

The Photography Group will be having a photographic exhibition at Café Connect during the months of September and October. They would like to ask for £70 to buy new frames for exhibiting their work and any money that the photography group makes with from selling their photographs can be paid back into the amenity fund.

### **Photography**



**COMMENT SHEET**

VIEWS OF 30<sup>TH</sup> ANNIVERSARY CELEBRATIONS

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TABLE AND CHAIRS FOR QUADRANGLE AREA

YES

NO

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CINEMA CLUB FILM SUGGESTIONS

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INTERESTED IN EXPRESSIVE ARTS GROUP

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SUGGESTIONS FOR A THEATRE TRIP

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COFFEE BAR AND LUNCH OPTIONS

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INTERESTED IN CONFIDENCE TO COOK

.....

PHOTOGRAPHY GROUP £70 FROM AMENITY FUND FOR FRAMES

YES

NO

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